

59 Examples of Goals in Life

Goals We ALL Have

Experiences & Growth

1. Travel the world
2. Travel to each country
3. Go to a culinary school
4. Learn an instrument
5. Excel at a sport
6. Write a book
7. Go to a poem slam
8. Create a comic
9. Write a biography
10. Get an M.D.
11. Overcome your biggest fear
12. Learn hand to hand combat
13. Learn another language
14. Restore an old home
15. Write a Screenplay

A place to call Home

1. Own a cozy apartment / vacation property
2. Buy a house/ Tiny house / Mobile home / Victorian house
3. Have a beautiful decorated home
4. Be surrounded by people I care about
5. Own a small patch of land
6. Have a garden
7. Have animals
8. Have a pet
9. Have a personal library / gym / streaming room / clothing room / loft / workshop / art studio

Spiritual Goals

1. Go on a retreat
2. Find what makes me content
3. Create the daily habit of meditation
4. Make a pilgrimage
5. Join a group of like-minded people
6. Volunteer / Do something meaningful

Financial Stability / Financial Freedom

1. A fulfilling job
2. A career in XYZ field
3. Financial freedom by age xyz
4. Starting a successful side hustle
5. Starting a successful business
6. Paying off all loans
7. Saving eg. 15 000\$
8. Earning X amount of passive income.
9. Earn enough to comfortably retire

Relationship Goals

1. Fall in Love
2. Become a parent
3. Get married
4. Send my kid / sibling to college
5. Go on a family trip
6. Create family harmony
7. Send kids off to school
8. Teach grandchildren
9. Help X-Number of people
10. Care for my parents

Health Goals

1. Create healthy eating habits
2. Try 50 different sports
3. Walk 100 miles
4. Run a Marathon
5. Start a homestead
6. Lose XYZ kg
7. Spend x amount of time at the gym
8. Get a sixpack
9. Learn to do the splits
10. Take part in a dance competition

Psychology Of Success Tips

**Allen K. Hess, Kathryn D. Hess, Tanya
H. Hess**



Psychology Of Success Tips:

A Practical Guide to the Psychology of Success Alison Price, David Price, 2016-05-05 A brilliant brilliant book Ben Hunt Davis MBE Olympic Champion Men's Rowing 8 Identify your dreams Achieve your goals Enjoy the process In *Psychology of Success* Alison and David Price help you to identify your personal vision of success building goals around what you really want and what you have the potential to achieve With the benefit of expert insights real life case studies and powerful techniques you'll build day to day strategies to help define and reach your goals overcome obstacles and succeed in the face of adversity If you're looking to reach your full potential whether it's making a personal change achieving a sporting goal or putting a business plan into practice this book will give you the map to changing your life and enjoying the journey

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Table of Contents Psychology Of Success Tips

1. Understanding the eBook Psychology Of Success Tips
 - The Rise of Digital Reading Psychology Of Success Tips
 - Advantages of eBooks Over Traditional Books
2. Identifying Psychology Of Success Tips
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Psychology Of Success Tips
 - User-Friendly Interface
4. Exploring eBook Recommendations from Psychology Of Success Tips
 - Personalized Recommendations
 - Psychology Of Success Tips User Reviews and Ratings
 - Psychology Of Success Tips and Bestseller Lists
5. Accessing Psychology Of Success Tips Free and Paid eBooks

- Psychology Of Success Tips Public Domain eBooks
- Psychology Of Success Tips eBook Subscription Services
- Psychology Of Success Tips Budget-Friendly Options
- 6. Navigating Psychology Of Success Tips eBook Formats
 - ePub, PDF, MOBI, and More
 - Psychology Of Success Tips Compatibility with Devices
 - Psychology Of Success Tips Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Psychology Of Success Tips
 - Highlighting and Note-Taking Psychology Of Success Tips
 - Interactive Elements Psychology Of Success Tips
- 8. Staying Engaged with Psychology Of Success Tips
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Psychology Of Success Tips
- 9. Balancing eBooks and Physical Books Psychology Of Success Tips
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Psychology Of Success Tips
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Psychology Of Success Tips
 - Setting Reading Goals Psychology Of Success Tips
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Psychology Of Success Tips
 - Fact-Checking eBook Content of Psychology Of Success Tips
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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